



4. **Alternative Therapies:**

|                                      |  |
|--------------------------------------|--|
| <input type="checkbox"/> Herbs       | <input type="checkbox"/> Acupuncture     |
| <input type="checkbox"/> Homeopathic | <input type="checkbox"/> Chiropractic    |
| <input type="checkbox"/> Vitamins    | <input type="checkbox"/> Massage Therapy |

5. **Past Medical History** Have you ever had any of the following? (Check all that apply):

|   |   |
|---|---|
| <input type="checkbox"/> Alcoholism                                       | <input type="checkbox"/> Myocardial Infarction (heart attack)                             |
| <input type="checkbox"/> Anemia   | <input type="checkbox"/> Nerve/Muscle Disease   |
| <input type="checkbox"/> Anxiety  | <input type="checkbox"/> Osteoporosis   |
| <input type="checkbox"/> Arthritis  | <input type="checkbox"/> Psychiatric Disorder (If yes specify)<br>_____<br>_____<br>_____ |
| <input type="checkbox"/> Asthma   |   |
| <input type="checkbox"/> Cancer (if Yes, specify below)<br>_____<br>_____ |   |
| <input type="checkbox"/> Cataracts  |   |
| <input type="checkbox"/> CHF  |   |
| <input type="checkbox"/> Clotting Disorder                                | <input type="checkbox"/> Pulmonary Embolism   |
| <input type="checkbox"/> COPD   | <input type="checkbox"/> Seizure  |
| <input type="checkbox"/> Deep Vein Thrombosis (DVT)                       | <input type="checkbox"/> Sickle Cell Anemia   |
| <input type="checkbox"/> Depression                                       | <input type="checkbox"/> Stroke   |
| <input type="checkbox"/> Diabetes   | <input type="checkbox"/> Thyroid Disease  |
| <input type="checkbox"/> Emphysema  | <input type="checkbox"/> TIA (mini-stroke)  |
| <input type="checkbox"/> Gerd   | <input type="checkbox"/> Tuberculosis   |
| <input type="checkbox"/> Glaucoma   | <input type="checkbox"/> Ulcers of the stomach  |
| <input type="checkbox"/> Heart Disease                                    | <input type="checkbox"/> Any other conditions (Specify)                                   |
| <input type="checkbox"/> Heart Murmur                                     |   |
| <input type="checkbox"/> Hepatitis  |   |
| <input type="checkbox"/> History of Blood Transfusion                     |   |
| <input type="checkbox"/> HIV/AIDS   |   |
| <input type="checkbox"/> Hyperlipidemia (Cholesterol)                     |   |
| <input type="checkbox"/> Hypertension ( Blood Pressure)                   |   |
| <input type="checkbox"/> Kidney Disease                                   |   |
| <input type="checkbox"/> Liver Disease                                    |   |
| <input type="checkbox"/> Lung Problems                                    |   |
| <input type="checkbox"/> Meningitis                                       |   |

6. **Past Surgical History:**

| Date | Surgical Procedure |
|------|--------------------|
|      |                    |
|      |                    |
|      |                    |
|      |                    |

7. Last Time You Had A (list a year):

|                     | Year |                                      | Year |
|---------------------|------|--------------------------------------|------|
| Flu Vaccine         |      | Tetanus Vaccine                      |      |
| Hepatitis B Vaccine |      | TB (Tuberculosis) Test               |      |
| Pneumonia Shot      |      | Eye Exam                             |      |
| Colonoscopy         |      | PSA (Prostate Blood Test) (Men Only) |      |
| Cholesterol Test    |      | Eye Exam                             |      |
| Mammogram           |      |                                      |      |

8. Family History:  I am adopted  I do not know my family medical history

| Family Member | Alive | Deceased | Alcohol abuse | Arthritis | Asthma | Birth defects | Cancer | COPD | Depression | Diabetes | Drug Abuse | Early death | Hearing loss | Heart disease | Hyperlipidemia | Hypertension | Kidney disease | Learning disabilities | Mental illness | Mental retardation | Miscarriages/ stillbirth | Stroke | Vision loss | Clotting disorder | Lung Disease | Tuberculosis |
|---------------|-------|----------|---------------|-----------|--------|---------------|--------|------|------------|----------|------------|-------------|--------------|---------------|----------------|--------------|----------------|-----------------------|----------------|--------------------|--------------------------|--------|-------------|-------------------|--------------|--------------|
| Mother        |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Father        |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Sister        |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Brother       |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Daughter      |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Son           |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Mat. Aunt     |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Uncle         |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Pat. Aunt     |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Uncle         |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Mat. Grandma  |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| MGF           |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| Pat. Grandma  |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |
| PGF           |       |          |               |           |        |               |        |      |            |          |            |             |              |               |                |              |                |                       |                |                    |                          |        |             |                   |              |              |

Other significant family health problems not listed above (including Cancer Type):

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9. **Social History:**

|                 |  |
|-----------------|--|
| Smoking Status: | <input type="checkbox"/> Packs per day ___ for ___ years <input type="checkbox"/> Quit Smoking Y N When _____ <input type="checkbox"/> Never |
| Alcohol         | <input type="checkbox"/> Drinks per week _____   |
| Caffeine        | <input type="checkbox"/> Cups per day _____  |
| Illegal Drugs   | <input type="checkbox"/> Type  |
| Exercise        | <input type="checkbox"/> Times per week _____  |
| Sexually Active | Y N <input type="checkbox"/> Men <input type="checkbox"/> Women <input type="checkbox"/> Both  |

10. **FOR WOMEN ONLY:**

|                                   |                                |
|-----------------------------------|--------------------------------|
| Age at onset of menstrual period: | Date of last menstrual period: |
| Use Birth Control? Y N            | Type of Birth Control:         |
| Number of Pregnancies:            | Number of Live Births:         |
| Number of Abortions:              | Number of Miscarriages:        |
| <b>Year of Last:</b>              |                                |
| Breast Exam:                      | Results: _____                 |
| Mammogram:                        | Results: _____                 |
| Pap:                              | Results: _____                 |

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_